The Markette Siret Mile

1 Mile Race Start at Town Fountain Finish at Town Park!



Kids races are loops in Town Park!
Start & Finish are 100 feet apart!

1 Mile Registration Reg. Fee till Aug 24: \$15 (\$20 after) Friday September 6, 2019 1 Mile: 6:30pm 1/2 Mile: 6:45pm (kids 6-10) 1/4 Mile: 6:55pm (5 & under)

1/4 & 1/2 Mile Registrations Reg. Fee till Aug 24: \$10 (\$15 after)

The first 100 PRE-registered mile racers & all PRE-registered 1/2 & 1/4 mile kids receive an Official Race T-Shirt!

TO BE ELIGIBLE FOR AN OFFICIAL RACE T-SHIRT, REGISTRATION MUST BE RECEIVED BY AUGUST 26, 2019!

Awards

1st Male, 1st Female, Top 3 in Each Age Group, Top 2 Finishers in 1/4 and 1/2 Races, and all kids receive ribbons! **Age Groups 1 MILE race:**

5-14; 15 to 19; 20 to 29; 30 to 39; 40 to 49; 50 to 59; 60 to 69; and 70+

Registration: Mail completed and signed entry form to:

Bernard Empie, XC/T&F Coach

Bloomsburg University 400 East Second Street Bloomsburg, PA 17815

Checks payable to: CGA-Husky Fund

(proceeds from the race support BU XC/T&F athletes)

Race Director: Bernard Empie
Email: bempie@bloomu.edu
Website: www.buhuskies.com

Please print CLEARLY!

Race Day Registration Time:

4:30 thru 30 minutes prior to race time!

Race Day Registration/Early Pick-up Location:

Town Park Pavilion Only!

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NAME:	AGE: GENDER: M or F
EMAIL ADDRESS:	
ADDRESS:	
STATE: ZIP:	PHONE:
T-Shirt Size: Youth S Youth M Youth L Youth XL	Adult S Adult M Adult L Adult XL
Emergency Contact:	Phone:

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. It is my declaration that I consider myself in such physical and medical condition and that I have sufficient training to enable me to participate in this event. I agree to abide to any decision of a race official relative to my ability to safely complete this race. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, effects of weather including high heat and/or humidity, traffic and conditions of the road, insect bites and/or bee stings, and course conditions, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf including but limited to heirs, executors and administrators, waive and release Bloomsburg University, the Town of Bloomsburg, its officers and agents, all sponsors, their representatives and successors, including the claims and liabilities of any kind arising from my participation in this event. The race director reserves the right to reject any entry. I also give permission to Bloomsburg University to use my name and/or picture [including the participant(s)] without compensation.

Participant's Signature:	Date:
Signature of parent or guardian (if under 18):	